

David's Harp Schedule

October 2018 AM Session



Daily Schedule

8:30 Arrivals

9:00 Community Meeting

9:30 Movement

10:00 Groups

11:00 Chores

11:30 Departures



11261 NE Knott St
Portland, OR

503-253-8883

www.davidsharp.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Music Therapy	2 CLOSED AM	3 Outing to the Library	4 CLOSED AM	5 Arts and Crafts	6
7	8 Music Therapy	9 CLOSED AM	10 Bakery Outing	11 CLOSED AM	12 Arts and Crafts	13
14	15 Music Therapy	16 CLOSED AM	17 Outing to the Library	18 CLOSED AM	19 Arts and Crafts	20
21	22 Music Therapy	23 CLOSED AM	24 Outing—Lee Farms Pump-kin Patch	25 CLOSED AM	26 Arts and Crafts	27
28	29 Music Therapy	30 CLOSED AM	31 Outing to the Library			

* Please note: new client orientations must be scheduled in advance, on Wednesdays or Fridays from 12:30-1:30

David's Harp Schedule

October 2018 PM Session



Daily Schedule
 12:30 Arrivals
 1:00 Community Meeting
 1:30 Movement
 2:00 Groups
 3:00 Chores
 3:30 Departures



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Nature Group	2 Chair Yoga Gen-Y—Crystal Springs Rhododendron Garden	3 Drum Circle Art Outing—Fred Meyer	4 Music Therapy	5 Fiber Arts Outing—PACS Thrift Store/Jet Black Coffee	6
7	8 Nature Group Outing—Dollar Tree	9 Chair Yoga Gen-Y— Art Studio	10 Drum Circle Creative Writing Outing—King Pins Bowling	11 Outing- Everyday Music Music Therapy	12 Fiber Arts Outing—Dollar Tree	13
14	15 Nature Group Healthy Cooking Outing- Target	16 Chair Yoga Gen-Y—Pumpkin Patch	17 Drum Circle Creative Writing Outing—Apple Tasting Event	18 Halloween Luncheon	19 Fiber Arts Outing—Lunch at Laughing Planet Café	20
21	22 Nature Group Healthy Cooking Outing—Yoga Union	23 Chair Yoga Gen-Y—Humane Society	24 Drum Circle Creative Writing Outing— Target	25 Outing—Dollar Tree/Goodwill Music Therapy	26 Fiber Arts Outing—Library	27
28	29 Nature Group	30 Chair Yoga Gen-Y Planning meeting	31 Halloween! Drum Circle Creative Writing			

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